

**ALL ABOUT BREAST REDUCTION****LIVE SURGERY**

- 08.00-09.20** Breast reduction (supero-medial pedicle)  
*Surgeon: G. Botti*
- 09.20-10.40** Breast reduction with J scar *Surgeon: M. Salgarello*

**10.40-11.00 COFFEE BREAK**

- 11.00-12.30** Breast reduction by implant reduction & pexy  
*Surgeon: C. Botti*

**12.30-13.40 LUNCH AT THE LAKESIDE****LECTURES****BREAST REDUCTION**

- 13.40-14.25** Vertical Scar Breast Reduction:  
The 10 Steps to Success *F. Lista*
- 14.25-14.45** 22 Years of Short Scar Breast Reduction:  
What have I learnt? *F. Nahai*
- 14.45-15.05** No Vertical Scar Breast Weight Transfer *G. Horndeski*
- 15.05-15.25** Understanding the safety and reliability  
of J-scar reduction mammoplasty. *M. Salgarello*
- 15.25-15.45** Breast Reduction with internal hammock: my experience  
*J. Farhadi*

**SPECIAL TOPICS**

- 15.45-16.15** The Unhappy Patient: A Treatment Manual *F. Lista*
- 16.15-16.35** Microsurgical aesthetic breast surgery *J. Farhadi*
- 16.35-16.55** No Scar Breast Reduction Mammoplasty: is it possible?  
*M. Abboud*
- 16.55-17.15** Surgical Correction of Gynecomastia:  
A New Technique Without Peri-Areolar Scar *F. Lista*

**17.15-17.45 Round table V**

*(F. Lista, R. Bracaglia, G. Rigotti, G. Horndeski e M. Salgarello)*

*Choice of pedicle in secondary reduction. Simultaneous reduction and implants: smart or crazy? Liposuction in breast reduction: convenient or dangerous? How to face a NAC ischemia? Too much or insufficient breast reduction: what happened? Your worst breast surgery complication*

**What are you going to see and learn at the BBB 2018?**

- Live surgery of all the most effective and reliable breast aesthetic operations (Breast Augmentation with different approaches, Mastopexy with/without implants, Breast Reduction, Fat Grafting, Combined Procedures, etc). All these with markings, advantages and drawbacks, complications and their solution.
- What's new on the ALCL issue
- New interesting proposals: DIEP as cosmetic augmentation technique, breast reduction without vertical scar or with no scar at all.
- As always, all the incomes will be given to charity.
- In summary, if you wish to really update, this the 2018 Course to attend.

**BBB** BOTTIS' BEST BREAST**Faculty:**

- |   |   |
|---|---|
| <b>Marwan Abboud</b><br><i>(Bruxelles, Belgium)</i>             | <b>Frank Lista</b><br><i>(Mississauga, Canada)</i>    |
| <b>Pietro Berrino</b><br><i>(Genova, Italy)</i>                 | <b>Alessandra Marchi</b><br><i>(Verona, Italy)</i>    |
| <b>Chiara Botti</b><br><i>(Salò, Italy)</i>                     | <b>Paolo Montemurro</b><br><i>(Stockholm, Sweden)</i> |
| <b>Giovanni Botti</b><br><i>(Salò, Italy)</i>                   | <b>Foad Nahai</b><br><i>(Atlanta, USA)</i>            |
| <b>Roberto Bracaglia</b><br><i>(Rome, Italy)</i>                | <b>Mario Pelle</b><br><i>(Rome, Italy)</i>            |
| <b>Antonio Cella</b><br><i>(Salò, Italy)</i>                    | <b>Gino Rigotti</b><br><i>(Mantova, Italy)</i>        |
| <b>Jan Farhadi</b><br><i>(Zurich, Switzerland - London, UK)</i> | <b>Carlos Roxo</b><br><i>(Rio de Janeiro, Brasil)</i> |
| <b>Gary Horndeski</b><br><i>(Lake Jackson, USA)</i>             | <b>Marzia Salgarello</b><br><i>(Rome, Italy)</i>      |
| <b>Amin Kalaaji</b><br><i>(Oslo, Norway)</i>                    | <b>Costantin Stan</b><br><i>(Bucarest, Romania)</i>   |
| <b>Markus M. Klöppel</b><br><i>(Munich, Germany)</i>            |   |

**All the round tables will be moderated,  
by C. Botti, G. Botti and M. Pelle**

**Featuring:** - Implant breast augmentation  
(areolar, inframammary and transaxillary approach)  
- Breast fat grafting  
- Mastopexy (periareolar, vertical, and small inverted T techniques)  
- Autoprosthesis  
- Tuberous Breast correction  
- Breast reduction (various pedicles)  
- Correction of animation deformities  
- Treatment of double bubble and implant displacement  
- Correction of capsular contracture  
- Treatment of folding/wrinkling deformities  
and much much more...!

*Villa Bella Clinic*

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Congress venue: Grand Hotel Gardone | Gardone Riviera (BS) | Italy  
For further info please contact the Organizing Secretariat  
MZ CONGRESSI | [alice.cazzaniga@mzcongressi.com](mailto:alice.cazzaniga@mzcongressi.com)  
[www.villabellaeducation.com](http://www.villabellaeducation.com)

**BOTTIS' BEST BREAST****BBB**

Course Location:  
Grand Hotel Gardone  
Gardone Riviera | Italy

25 26 27

**MAY 2018**

An educational event by Villa Bella Clinic | Salò

23 WEDNESDAY  
24 THURSDAY

**MAY** **SCULPTURE COURSE: Torso sculpture class**

(teacher: Angiolino Aime)

Faculty: Angiolino Aime & Chiara Botti

25 FRIDAY

**MAY** **ALL ABOUT BREAST AUGMENTATION**

07.00-07.30 REGISTRATION

07.30-07.45 Welcome and opening remarks *G. Botti, C. Botti, M. Pelle*

**LIVE SURGERY**

07.45-08.30 Breast augmentation and symmetrization (periareolar approach) *Surgeon: A. Cella*

08.30-09.15 Breast augmentation with periareolar pexy *Surgeon: C. Botti*

09.15-09.45 **COFFEE BREAK**

09.45-10.30 Breast augmentation (transaxillary non-endoscopic approach) *Surgeon: G. Botti*

10.30-11.15 Breast augmentation (transaxillary endoscopic approach) *Surgeon: M. Klöppel*

**LECTURES**

**THE NEVER-ENDING IMPLANT FIGHT**

11.15-11.35 Why **macrotextured** implants are better *P. Montemurro*

11.35-11.55 Why **polyurethane** covered implants are better *C. Stan*

11.55-12.15 Why **nanotextured** implants are better *C. Botti*

12.30-13.40 **LUNCH AT THE LAKESIDE**

13.40-14.00 A 40 year Journey through Breast Augmentation *F. Nahai*

*Round or anatomical implants?*

14.00-14.20 The Evidence and Uses of Anatomic Breast Implants: Are They Really Better? *F. Lista*

14.20-14.40 Round versus anatomically shaped Implants – what makes the difference? *M. Klöppel*

14.40-15.00 Are anatomical implants really worth using? *G. Botti*  
*Which approach?*

15.00-15.20 Endoscopic Transaxillary Breast Augmentation: how to achieve beautiful results *M. Klöppel*

15.20-15.40 Non-Endoscopic Transaxillary Breast Augmentation is this a better way of performing breast augmentation? *F. Lista*

15.40-16.10 Triple Plane Breast Augmentation *R. Bracaglia*

25 FRIDAY

**MAY** *ALCL: let's summarize the situation*

16.10-16.40 How BIA-ALCL may change our conduct in augmentation mammoplasty *M. Pelle*

16.40-17.00 **Round table I**

(*R. Bracaglia, F. Lista, F. Nahai, P. Montemurro*)

*Is the "14 point plan" the ultimate truth or is there a commercial side to it? Most effective ways to choose an implant and to set the new i.m.f. Textured Shaped or Smooth Round? Big implants: Drains? Antibiotics? Betadine?*

16.30-17.30 **OPEN COFFEE**

**COMPLICATIONS AND CONTROVERSIES IN BREAST AUGMENTATION**

17.00-17.20 Breast Implants, the FDA and the Law *F. Nahai*

17.20-17.40 Double bubble, bottoming out and other implant displacements *G. Botti*

17.40-18.00 Expanding poles in breast augmentations. *P. Berrino*

18.00-18.20 Management of secondary cosmetic mammoplasties with polyurethane covered implants. *M. Salgarello*

18.20-18.40 Is it time to start re-thinking sub-pectoral breast augmentation? *F. Lista*

18.40-19.00 **Round table II**

(*P. Berrino, J. Farhadi, M. Klöppel, C. Stan*)

*Why do many augmented breasts look worse after a few years? Best solutions for capsular contracture and double bubble. Easiest and most effective treatment of tuberous breast.*

20.00 **COCKTAIL, MUSIC AND MAGIC.**

26 SATURDAY

**MAY** **ALL ABOUT BREAST LIFTING**

**LIVE SURGERY**

08.00-09.15 Pexy-augmentation (secondary case): circumvertical approach *Surgeon: G. Botti*

09.15-10.30 Pexy-augmentation (secondary case): periareolar approach *Surgeon: M. Pelle*

10.30-11.00 **COFFEE BREAK**

11.00-12.15 Primary pexy-augmentation *Surgeon: C. Roxo*

12.30-13.40 **LUNCH AT THE LAKE SIDE**

**LECTURES**

**PTOSIS CORRECTION**

13.40-14.00 The "tromp l'oeil" in the treatment of breast ptosis *M. Pelle*

26 SATURDAY

**MAY** 14.00-14.40 Treatment of Breast Ptosis: An Algorithm for Surgical Correction *F. Lista*

14.40-15.00 Autoprosthesis: a personal evolution *G. Botti*

15.00-15.20 Advancements in internal mastopexy *C. Stan*

**BREAST PTOSIS IN POST-BARIATRIC PATIENTS**

15.20-16.00 Mastopexy and Breast reduction in post bariatric patients: a personal approach *C. Roxo*

16.00-16.20 Short scar pexy-augmentation with implants in massive weight loss patients *M. Salgarello*

16.20-16.40 Mastopexy in the massive weight loss patient *J. Farhadi*

16.30-17.30 **OPEN COFFEE**

16.40-17.00 **Round table III**

(*C. Roxo, F. Nahai, A. Marchi, J. Farhadi*)

*Do you believe an internal hammock is necessary to fix breast new position? Pexy/Augmentation in two stages: is it sometimes convenient? How short can a "short scar" mastopexy be: still room for T, J or L pexies? Is purse-string periareolar mastopexy (with and without implants) a predictable and effective tool?*

**TO FILL OR NOT TO FILL: THAT IS THE QUESTION...**

17.00-17.30 Correction of congenital and acquired breast deformities by modifying the wound healing mechanism. Minimally invasive approach without skin incision. *G. Rigotti*

17.30-17.50 Primary Aesthetic Breast Augmentation using autologous fat grafting: Indications and comparison between different processing methods in 134 cases- 9 years' experience. *A. Kalaaji*

17.50-18.10 Breast augmentation using Barbed sutures and Lipofilling: How I do it? *M. Abboud*

18.10-18.30 Breast reconstruction with fat grafting. The importance of aesthetic implications. *A. Marchi*

18.30-18.50 High-Definition Fat Grafting Breast Augmentation *M. Salgarello*

18.50-19.10 Fat grafting: how long do volume and regeneration last? *P. Berrino*

19.10-19.40 **Round table IV**

(*P. Berrino, G. Rigotti, M. Salgarello, A. Kalaaji*)

*Fat grafting augmentation: facts and chats. Your way to get better result in breast augmentation with fat. Is fat a good option to reconstruct the breast after subcutaneous mastectomy? Fat grafting and breast cancer: just an old useless story? Fat alone, implants alone or fat and implants?*

20.30 **GALA DINNER**